

WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
TUESDAY, MAY 11, 2021
3:30 – 4:30 PM
LOCATION: VIRTUAL - GOOGLE MEET



AGENDA

⇒ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇒ Guest Speaker: Sarah Habib, Mission2Move, Founder

⇒ COVID-19 Update

⇒ Team Membership Listing:

<https://docs.google.com/spreadsheets/d/1iW4cgqOb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJw/edit?usp=sharing>

⇒ Review minutes from last meeting, Link:

<https://drive.google.com/file/d/1wiLOBZAtVPeeqaiynC4OMJQAELIAV73g/view?usp=sharing>

⇒ New Campus update

⇒ Updates on Wellness Priorities Document Priorities 1 – 4

... Safe Routes to School Active Transportation (Physical Activity – #38)

... “Nutrition Is The Mission” Wellness Bus (Other School Food – #19)

... Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement – #46)

... Explore The NFL’s Play 60 Physical Activity Program (Physical Activity – #39)

⇒ Subcommittee updates ~ Report-out & discussion (+/▲ & team problem-solving items)

⇒ HOLD ~ Full team meeting / Subcommittee meetings – *submit subcommittee dates*

⇒ 2020 – 2021 Meetings – Quarterly:

QTR 1

QTR 2 12-02-2020 3:30 to 4:30PM (Virtual)

QTR 3 1-27-2021 3:30 to 4:30 PM (Virtual)

QTR 4 5-11-2021 3:30 to 4:30 PM (Virtual)