

WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
WEDNESDAY, FEBRUARY 2, 2022
4:15 – 5:15 PM
LOCATION: WW INTERMEDIATE SCHOOL MEDIA CENTER



AGENDA

⇒ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇒ Guest Speaker: Julia Saldanha, Director of Programs for NAMI (National Alliance on Mental Illness) - email: julia.saldanha@namiswoh.org

⇒ Team Membership Listing:

<https://docs.google.com/spreadsheets/d/1iW4cggQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJJw/edit?usp=sharing>

⇒ Review minutes from last meeting

<https://drive.google.com/file/d/1Jk4QoloDARe9gnK9x2FYUX9v0UJZEhMX/view?usp=sharing>

⇒ Wellness Policy Revisions approved by Board of Education

<https://drive.google.com/file/d/1CB48XHAMYqpRXLC7Y0P7jr4VLI0hdtxf/view?usp=sharing>

⇒ Develop suggested alternatives to exercise & food-based incentives/consequences; from Rebecca with Talbert House, PBIS for Middle-grades students:

<https://www.classcraft.com/blog/pbis-incentives-for-middle-school-students/> ,

More resources for PBIS for students:

<https://www.pbisrewards.com/pbis-incentives/>

⇒ Review CDC School Health Index (SHI) expert survey findings (ref. #: **Wint109424**)

https://nccd.cdc.gov/DASH_SHI/default/SHIHome.aspx?NoSHI=0

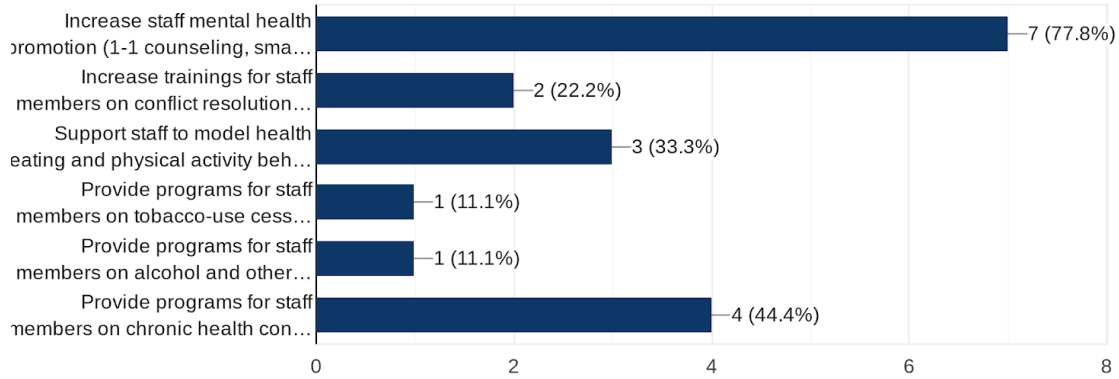
⇒ WW Staff Wellness Team Survey Results (see below)

⇒ 2021 - 2022 Meetings - Quarterly:

- | | | | |
|-------------------------------------|-------|------------|----------------|
| <input checked="" type="checkbox"/> | QTR 1 | 10-13-2021 | 4:15 to 5:15PM |
| <input checked="" type="checkbox"/> | QTR 2 | 12-01-2021 | 4:15 to 5:15PM |
| <input type="checkbox"/> | QTR 3 | 02-02-2022 | 4:15 to 5:15PM |

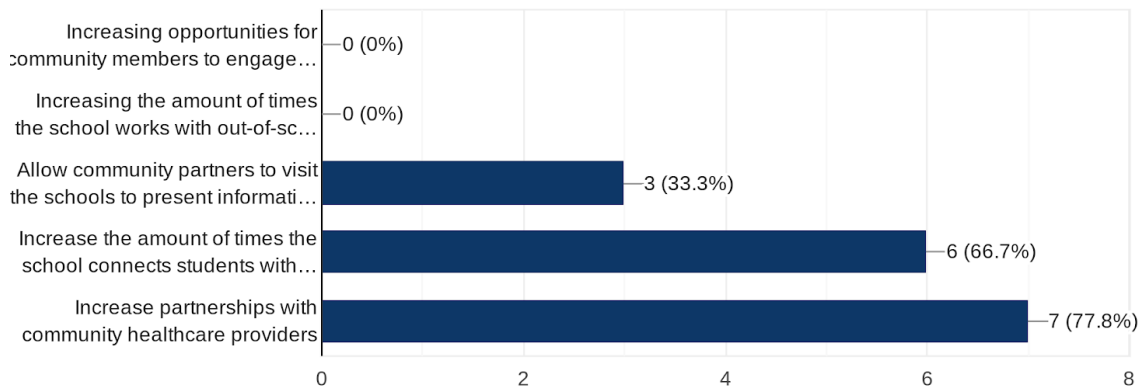
Check UP TO TWO (2) INITIATIVES you'd be interested in working on for Employee Wellness and Health Promotion

9 responses



Check UP TO TWO (2) INITIATIVES you'd be interested in working on for Community Involvement

9 responses



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9 responses

