

**WELLNESS TEAM MEETING  
WINTON WOODS CITY SCHOOLS  
WEDNESDAY, DECEMBER 1, 2021  
4:15 – 5:15 PM  
LOCATION: WW INTERMEDIATE SCHOOL MEDIA CENTER**



**AGENDA**

⇒ Purpose of the **WWCS Wellness Team**

*Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.*

⇒ Welcome & Introductions

⇒ Team Membership Listing:

<https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJjw/edit?usp=sharing>

⇒ Review minutes from last meeting

<https://drive.google.com/file/d/1rMLL6dvUJqIRRROPMVGEtNS6yBQTkVPj/view?usp=sharing>

⇒ Review (WWCSD Wellness Priorities Document - these are our past priorities):

[https://drive.google.com/file/d/1JUKIO-S\\_wDJtelPTfwZdPCyWPTtXwxcx/view?usp=sharing](https://drive.google.com/file/d/1JUKIO-S_wDJtelPTfwZdPCyWPTtXwxcx/view?usp=sharing) )

⇒ Wellness Policy Review & Revision Update

<https://drive.google.com/file/d/1CB48XHAMYqpRXLC7Y0P7jr4VLI0hdtxf/view?usp=sharing>

⇒ Develop suggested alternatives to exercise & food-based incentives/consequences

⇒ Review CDC School Health Index (SHI) expert survey findings (ref. #: **Wint109424**)

[https://nccd.cdc.gov/DASH\\_SHI/default/SHIHome.aspx?NoSHI=0](https://nccd.cdc.gov/DASH_SHI/default/SHIHome.aspx?NoSHI=0)

⇒ Discuss SHI results and new WWCSD Wellness Priorities Document

⇒ 2021 - 2022 Meetings - Quarterly:

- |                                     |       |            |                |
|-------------------------------------|-------|------------|----------------|
| <input checked="" type="checkbox"/> | QTR 1 | 10-13-2021 | 4:15 to 5:15PM |
| <input type="checkbox"/>            | QTR 2 | 12-01-2021 | 4:15 to 5:15PM |
| <input type="checkbox"/>            | QTR 3 | 02-02-2022 | 4:15 to 5:15PM |
| <input type="checkbox"/>            | QTR 4 | 04-06-2022 | 4:15 to 5:15PM |