

Wellness Team Meeting Minutes  
Winton Woods City Schools  
Wednesday January 27, 2021  
3:30 – 4:30 pm  
Virtual Meeting

### Attendees

Steve Denny, Mark Doctor, Tonya Bray, Jeanette Jordan, Michele Plummer, Tamra Ragland, Toni Patterson, Tamra Ragland, Jermaine Hill, Anna Johnson, Darci Smith, Andrea Bourgeois

### Minutes

Meeting is started by a review of the purpose of the team (see below)

#### ⇒ Purpose of the **WWCS Wellness Team**

*Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staf, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.*

#### **Recap of the four PRIORITIES we selected:**

**PRIORITY 1** : Implement Safe Routes to School (SRTS) Active Transportation

Action for Healthy Kids Standards Alignment: Physical Activity – #38

**PRIORITY 2** : Operate “Nutrition Is The Mission” Wellness Bus

Action for Healthy Kids Standards Alignment: Other School Food – #19

**PRIORITY 3** : Build School Staff Programs for Wellness & Physical Activity/Fitness

Action for Healthy Kids Standards Alignment: Staff Involvement – #46

**PRIORITY 4** : Implement the NFL’s Play 60 Physical Activity Program

Action for Healthy Kids Standards Alignment: Physical Activity – #39

Steve Denny introduces Darci to the group.

Guest Speaker: Darci Smith, Hamilton County Public Health Community Outreach Coordinator

**Notes:** Darci introduced a new program being offered by Hamilton County Public Health Department: Handle With Care Program, this is a program available to all Hamilton County schools and training is available to ALL staff from Bus Drivers to Teachers to the Executive Team. Basically, if a First Responder goes on a run that involves one of our students, he can input this information into the Handle With Care Web Browser App. Example: If there is a house fire that involves one of our students, this information can be entered by the First Responder. Select Winton Woods staff can then see that this student’s family experienced a house fire. Other examples would be: a parent taken to hospital, car accidents, any other

form of tragedy or critical emergency run. Confidentiality is maintained.

This allows teachers to have a “heads-up” in case the student may exhibit tiredness or irritability, misbehavior, disengagement, etc from the trauma. First Responders will also be involved in the training for this program.

Winton Woods would need to choose a few selected people at each school, who are privy to this sensitive information. The information would be received via an email. Steve Denny added: “ We are lucky that we have a great relationship with our First Responders within our school district , however, we don’t always hear about events that affect our students. Andrea Bourgeois asked, “What would be the next steps to get this going?” Darci explained that we first hold a “Partners Meeting” , this would involve all First Responders because they would have to agree to come on-board. Then, our district would need to decide who would receive these email notifications. Steve asked if other districts are using this program. Darci confirmed that Mariemont is. Tonya Bray stated that we currently do have frequent Talbert House meetings to discuss what's going in a students life. Tonya asked if School based Therapists could be added to the notification list. Steve noted that we actually have Anna Johnson in attendance. She is one of Talbert House Representatives. Everyone agrees that this information would be great for Talbert House therapists to be involved. Darci also said that as a free program, it wouldn’t cost the district anything to participate.

Steve recapped that this program essentially starts with a fire or police run and relays information about our students to the school which can internally help to get the student the help they may need. Tonya thinks it is a great idea and is thankful that Anna was in this meeting. Anna added that Talbert House has a crisis team, in case one of these calls results in the need to get a group together the following day after an event takes place.

The Meeting then moves on to share the WeThrive! Recognition Video. Steve then thanks everyone involved in WeThrive!, especially Jermaine Hill.

Andrea asks if Winton Woods is back to school yet. Steve explains our blended learning model. We had plans and hopes of returning to school full-time on February 9th but this was pushed back due to Hamilton County being designated Purple. Andrea added that the HCHD is working on vaccine distribution by age groups but that they are struggling with getting enough of the vaccine to distribute.

Steve thanks Toni Patterson for recording the minutes and reminds everyone that they will be posted on our district's website.

Our new buildings are about 95% complete and we plan to move into the North Campus in March, South Campus in August. The buildings are environmentally friendly. Using the LEED model, a GREEN building standard. There are water filling stations that will keep staff and students hydrated, touchless sinks that lessen the spread of germs. Air handlers that help to clean the air, humidity control. Our air filtration

system is MERV-13 approaching the vicinity of hospital air quality. This will provide a much healthier learning environment. As much of the newer WELL Building standard as possible was also designed into the buildings to help support optimal occupant comfort and safety.

### Sub Committee Updates:

1. **Safe Routes to School** - We haven't held a meeting since last December however, we are working with the City of Forest Park to keep our students safe that will attend our North Campus. We would like to see enhanced crosswalks, better curbs and bike racks for our students near the North Campus along West Kemper Road for starters.
2. **Nutrition Is The Mission** - The district has been serving meals including breakfast, lunch and dinner since the shut down in March. The district is currently hosting curbside food pick-ups on Wednesdays and our Community Pantry is open twice per month. We are also still feeding the students who are in attendance each school day. The Food Pantry serves approximately 160 families per month. They receive a nice box of food items thanks to the donations we receive from the Free Store Food Bank.
3. **Build School Staff Programs for Wellness & Physical Activity/Fitness** - Steve shared that Nancy Starkey is working some ideas at the building level to get staff moving. Nancy wasn't available to attend today's meeting.
4. **NFL's Play 60 Physical Activity Program** – No updates this meeting (presenters were unable to attend)

### Subcommittee Meeting Dates:

Safe Routes To School – TBD

Nutrition Is The Mission – TBD

Staff Wellness & Physical Activity – TBD

NFL's Play 60 – TBD

### OTHER NOTES:

Andrea stated that she heard the push is to have 600,000,000 vaccines available by the end of summer. We continue to focus on the new buildings and for relocation into these facilities.

Andrea wanted to share that she thinks Winton Woods is amazing for all that we do for our students and staff, from feeding them during the pandemic to the We Thrive program.

### To-Do List

"Mission to Move" is a program we can look into - Andrea knows of a Guest Speaker that can explain this program to us at the next meeting if we are interested. Group agrees that we would like to see that happen.

Next Meeng: April 20th, 2021