

**WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
THURSDAY, FEBRUARY 14, 2019
4:30 – 5:30 PM
WW INTERMEDIATE SCHOOL MEDIA CENTER**



Members Present: Tonya Bray, Kim Chelf, Wayne Chinn, Steve Denny, Mark Docter, Jermaine Hill, Jeanette Jordan, Nancy Starkey, Danielle Wallace

MINUTES

⇒ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes.

⇒ Brief Introductions and review purpose & objectives (S. Denny)

⇒ Reviewed Action for Healthy Kids School Health Index Survey results (K. Chelf)

⇒ Reviewed & discussed A.H.K.S. Health Index Survey-generated recommendations

⇒ Team used value-based dot voting & discussion to select District Wellness Priorities:

- ... Safe Routes to School Active Transportation (Physical Activity - #37)
- ... "Nutrition Is The Mission" Wellness Bus (Other School Food)
- ... Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement - #46)
- ... Create a Family Field Day experience involving families & communities (Sat.?)
- ... Explore The NFL's Play 60 Physical Activity Program
- ... Increase community involvement in school decision making and activities around health & wellness (#55 in Action for Healthy Kids survey instrument)

⇒ Group used dot-value voting for the improvement opportunity areas (S. Denny)

⇒ Group selected last 3 specific improvement activities shown above, district selected 3

⇒ Next Step: School Health & Wellness Priorities document (2-year timeframe) to be drafted

⇒ 2018 - 2019 Meetings - Quarterly:

QTR 1	9-20-2018	4:30 to 6:30 PM
QTR 2	10-18-2018	4:30 to 6:00PM
QTR 3	2-14-2019	4:30 to 5:30 PM
QTR 4	4-11-2019	4:30 to 6:00 PM

NOTES:

