

WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
WEDNESDAY, JANUARY 27, 2021
3:30 – 4:30 PM
LOCATION: VIRTUAL - GOOGLE MEET



AGENDA

⇒ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇒ Guest Speaker: Darci Smith, Community Outreach Coordinator, Hamilton County Public Health
Trauma-Informed Care - Program for schools called "Handle with Care"

⇒ 2020 WeThrive Recognition (Year 3) for Winton Woods City Schools:

<https://www.youtube.com/watch?v=ATq06PjKOHo>

⇒ Team Membership Listing:

<https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJjw/edit?usp=sharing>

⇒ COVID-19 Update

⇒ Review minutes from last meeting, Link:

https://drive.google.com/file/d/1B5APU0KvHLkem9SQoZoa57FxI-fe_0JQ/view?usp=sharing

⇒ New Buildings - North Campus (7 - 12) & South Campus (K - 6) wellness features (bottle-filler water fountains, touchless hand washing fixtures, improved indoor air quality with BAS & DOAS units, possible needlepoint bipolar ionization improvements, etc.)

⇒ Updates on Wellness Priorities Document Priorities 1 - 4

... Safe Routes to School Active Transportation (Physical Activity - #38)

... "Nutrition Is The Mission" Wellness Bus (Other School Food - #19)

... Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement - #46)

... Explore The NFL's Play 60 Physical Activity Program (Physical Activity - #39)

⇒ Discussion for subcommittees & work

⇒ HOLD ~ Report-out subcommittee work/discussion (+/Δ & team problem-solving items)

⇒ HOLD ~ Full team meeting / Subcommittee meetings – *submit subcommittee dates*

⇒ 2020 - 2021 Meetings - Quarterly:

- QTR 1
- QTR 2 12-02-2020 3:30 to 4:30PM (Virtual)
- QTR 3 1-27-2021 3:30 to 4:30 PM (Virtual)
- QTR 4 4-20-2021 3:30 to 4:30 PM (Virtual)