

WELLNESS TEAM MEETING
WINTON WOODS CITY SCHOOLS
WEDNESDAY, DECEMBER 2, 2020
3:30 – 4:30 PM
LOCATION: VIRTUAL - GOOGLE MEET



AGENDA

⇒ Purpose of the **WWCS Wellness Team**

Consider and study aspects of the overall health, nutrition and wellness realities for Winton Woods City Schools students, staff, policies & practices and make recommendations to the administration and district leadership that align current conditions to best-practice, research-based model wellness outcomes such as the Action for Healthy Kids Standards.

⇒ Recap (WWCSD Wellness Priorities Document:

<https://drive.google.com/file/d/1JUKIO-SwDJtelPTfwZdPCyWPTtXwcx/view?usp=sharing>)

⇒ Team Membership Listing:

<https://docs.google.com/spreadsheets/d/1iW4cgqQb0xeYdz-uJAmPo9Wv6TTfTWYyWNTQmdNYJjw/edit?usp=sharing>

⇒ COVID-19 Update

⇒ Review minutes from last meeting

<https://drive.google.com/file/d/1CMkLYMr7AxPBxyIuhoA3Ys11wNe-tYG/view?usp=sharing>

⇒ Update on Wellness Priorities Document Priorities 1 - 4

- ... Safe Routes to School Active Transportation (Physical Activity - #38)
- ... "Nutrition Is The Mission" Wellness Bus (Other School Food - #19)
- ... Staff Programs for Wellness & Physical Activity/Fitness (Staff Involvement - #46)
- ... Explore The NFL's Play 60 Physical Activity Program (Physical Activity - #39)

⇒ Discussion for subcommittees & work

⇒ HOLD ~ Report-out subcommittee work/discussion (+/Δ & team problem-solving items)

⇒ HOLD ~ Full team meeting / Subcommittee meetings – submit subcommittee dates

⇒ Other business

⇒ 2020 - 2021 Meetings - Quarterly:

- QTR 1

- QTR 2 12-02-2020 3:30 to 4:30PM (Virtual)
- QTR 3 1-27-2021 3:30 to 4:30 PM (Virtual)
- QTR 4 4-20-2021 3:30 to 4:30 PM (Virtual)